



Patricia D. Smith

Patricia brings 25 + years of experience as an executive career transition leader and trusted adviser to decision makers across many business sectors. She is known for her business savvy and personal warmth while providing a creative and holistic approach to best meet the interests and goals of each organization and individual. Patricia is also a certified integral coach with a focus on individuals in mid-life and later who are anticipating or experiencing change in their work/life, feeling stuck, or yearning for something different.

As a managing director with New Directions, Patricia was the lead for business development. She also helped create, build and foster a supportive and creative culture with deep resources, tools, and networks to support 4,000 executive clients throughout their transition and beyond. Executive clients successfully transitioned into full-time positions, corporate boards, consulting practices, business ventures, non-profit leadership and alternatives to full-time work through their nationally recognized Life Portfolio Program.

Patricia is an active member of The Boston Club (TBC) where she leads a Mind/Body Connection group for women and serves on Encore Boston Network's Generation to Generation committee. She is also a member of Integral Coaching East (ICE) and pursues opportunities for greater proficiencies in somatic coaching. Previously, as Chair of TBC's Corporate Board Education Committee, she developed programs for members, and a yearly seminar series for non-members, seeking corporate directorships. Patricia was also Board Director, Horizons for Homeless Children; Advisory Board Member, ESC New England; and member, Human Resource Leadership Group (HRLF).

A graduate of the University of Rhode Island, Patricia received her Integral Coaching certification from New Ventures West. She has been quoted by local and national media, including The Wall Street Journal, Financial Times, Life Reimagined AARP, and National Public Radio. Patricia dabbles in art; painting and creating cards for family and friends.